Edmonton and District Quilters' Guild

Quilt Connections

Monthly Newsletter

edqg.ca

March 2025, Issue 424

NATALYA KHOROVER

ART FOR EARTH'S SAKE





Alternative Stitching Practices

Natalya Khorover is an award-winning, mixed-media artist teaching and lecturing on mixed-media art techniques, the creative process and inspiration.

Reclaiming and repurposing materials that often end up choking our environment or overflowing landfills, has been her art practice for years. She uses meditative hand stitching alongside her industrial sewing machine to stitch and collage layers of translucent single-use plastics which would otherwise contribute to litter and pollution. The transformation she subjects them to, makes these materials unrecognizable. What can you stitch on? Just about everything! Natalya will show examples to motivate and inspire you; sharing details of the pleasures and occasional pitfalls of working with each. This lecture will broaden your understanding of what you can use in your art.

https://www.artbynatalya.com/









Musings from the Chair

Inspiration! Where is it?

Feeling Stuck? Let's Get That Quilt Finished!

We all know the feeling—you started your quilt with excitement, but somewhere along the way, it found a cozy spot in your UFO (unfinished object) pile. I find that the darkest months of the year are the hardest and now that the light is back I need to kick start my get-it-done engine!

Here are some tried-and-true ways to reignite your quilting spark and cross that finish line.

1. Revisit Your "Why"

Remember what inspired you to start this quilt in the first place. Was it a gift for a loved one? A creative challenge? A quilt show in June? Reconnecting with that purpose can bring fresh motivation.

2. Set Small, Achievable Goals

Instead of focusing on the whole quilt, break it down into bite-sized tasks. Completing one block at a time or spending just 15 minutes a day can add up quickly.

3. Refresh Your Space

A cluttered sewing area can dampen creativity. Organize your workspace, put on some music, and set the mood for productivity. Pink is my go to music for energy. What's on your motivation playlist?

4. Your Quilting Community

Sharing your progress with others—whether in person or online—can offer encouragement and accountability. Plus, seeing others' projects might spark new inspiration! Post your progress on the EDQG Facebook or Instagram account or join in on the next Sew Day!

5. Reward Yourself

Give yourself little treats for reaching milestones. A new fat quarter, a cup of tea, or even just stepping back to admire your work can keep your motivation high.

Let's turn that UFO into a finished masterpiece! Share your progress with us—we love to see your projects at Show and Tell!

-Happy Quilting! Melissa D., Chair, EDQG

Prairie Rose Quilt Show



Members are invited to participate in our annual challenge. Anything that reflects nature is an excellent entry!

Theme: *Au Naturel*
Size: 18” x 24” (yes, this is the correct size)
Orientation: either landscape or portrait
Due Date: May 15 (the EDQG meeting)
Any questions? Reach out to pastchair@edqg.ca.
You need to be logged in to see
https://edqg.ca/2023/11/17/prairie-rose-challenge/



45th Anniversary

Find Joy in the Journey, One Stitch at a Time

We hope everyone had fun playing Spin the Bobbin! Hopefully you’ve put your “little something” to good use!
Check out the most recent edition of the Country Register!
You’ll find an article about the 45th anniversary!
We will have a demonstration in March; the committee is sorting out some details so that those at home and those in the room can both enjoy it!
https://edqg.ca/45th-anniversary-events/





Quilt Festival

Registration has opened, and we welcome your entries into the show! Please refer to the website for information on show rules, and the quilt categories!

Help with making a Hanging Sleeve and Writing an artist statement is also there!!
https://edqg.ca/quilt-festival-page/

Tickets for entry to the Festival, for the breakfast presentation and two workshops featuring Cheryl Arkison, are being sold through Eventbrite. Spots for the breakfast presentation are limited to 80, and each of the workshops to 20.
https://www.eventbrite.ca/e/edmonton-quilt-festival-tickets-1223754896839?aff=oddtdtcreator

Link to website page with information about breakfast show and workshops:
https://edqg.ca/2025/02/11/quilt-show-breakfast-and-workshops/

Our Quilt Raffle is underway! We have two gorgeous quilts to give away as prizes. Tickets are 1 for $5, or 3 for $10 and will be sold by EDQG members. If you are able to help us sell tickets, please contact Myrna P. at vicechair@edqg.ca Follow the link for pictures.
https://edqg.ca/2025/02/25/raffle-quilts/

Since the basket raffle was very successful and so much fun last time, we are asking Bee groups and friend groups to once again create a raffle basket; theme of your own choosing. The value should be $80 or more. This year a formal application form is needed and is available on line (see link below), and at the next guild meeting.
Please send your completed forms to Charlene T. at webmaster@edqg.ca by March 31st, 2025. For full details please follow the link below. We are looking forward to seeing what new and fun ideas you can come up with!
https://edqg.ca/2025/02/19/basket-raffle-application-2025/

The winner of the most recent 50/50 Raffle was Sharon M. and she received $1,025.00 which was half of the total sales. To date, $ 2,332.67 has been raised to help with facility rental. Thanks to all of you for your continuing support!

At the beginning of May, SignUpGenius will be available again this year to register for volunteer positions. As in past years, volunteers will be needed from drop-off on June 4th through take-down on June 7th. Stay tuned for more info.
If you have any questions on being a quilt show volunteer, please contact Linda T. at l_thorne@shaw.ca

Lastly, we have a few spots left in our Vendor Market. If you know of anyone interested in being a vendor at our market, please contact Lisa P. at vendorsquiltshow@edqg.ca
We'd love to sell out our market space to give festival patrons access to the best shopping experience!
Please check out our website frequently for updates and check out the quilt show blog!
https://edqg.ca/2024/10/18/edmonton-quilt-festival-2025/
https://edqg.ca/2025/02/05/2025-quilt-show-blog/

MEMBERSHIP

For those of you attending the March retreat, I will bring any unclaimed membership cards with me and will pass them out. Hope to see you there. ***-Debbie B.***

https://edqg.ca/membership/



Community Service

The guild participates in a variety of Community service quilting projects throughout the year and works with other like-minded organizations to provide quilts to those in need.
To this end, and where fabric and other equipment is stored, they meet at the Focus on Fibre Art Studio on the second Tuesday of the month. See the Calendar of Events below for dates.

-Judi C.

https://edqg.ca/community-service-2/

EDQG Zoom Sew Days

Spend the day sewing from the comfort of home.
See the Calendar of Events below and/or the website for specific dates.

https://edqg.ca/2023/09/13/sew-days-2/



ENDOWMENT



The Endowment Committee will be holding a Creative Crafts and Quilter's Sale as part of the evening's entertainment at the June AGM and guild's year end wind up.

- **What kind of items are we accepting for the garage sale?**

Fabric, Books, Patterns, Kits, Notions, Scraps

- **How will items be priced?**

A global pricing list is TBA, with some exceptions

- **How will we accept payment?**

Cash Cheque etransfer Square

- **When can you deliver your generous donations to the committee?**

Please not before May. ***-Kathy S.***

https://edqg.ca/endowment/

Show & Tell



Please submit your photos and descriptions for the March Show and Tell by March 16, 2025 at noon.
showandtell@edqg.ca

LIBRARY

The Library Raffle books for March are two wonderful books featuring quilts made with your scrap collection:

Scrappiness is Happiness: 32 Scrappy Quilts to Fill your House with Love, by Lori Holt.
Scraps, Inc., Vol. 1: 15 Block-Based Designs for the Modern Quilter, compiled by Susanne Woods.

"Use it up, wear it out, make it do or do without!" A quote from Lori Holt's Grandparents. If you have been looking at your fabric stash and thinking it is time to use it up, perhaps a pattern in one of these books will inspire you!

Thank you to the supporters of our library raffles, which raise funds to add new books to the library collection. In February we raised $188.00. Time for a book shopping trip.

Thank you to one of our members for showing me a newly published book I plan to get for the library and the raffle. It fits in with our theme of reuse and recycle:

Zero Waste Quilting: 38 Projects Use Every Scrap with Style, by Patty Murphy, C&T Publishing.

https://edqg.ca/library/

-Sandra P., Library Chair

Bee Groups

Bee Groups give us the opportunity to connect in small groups with other like-minded quilters, share learning experiences and be inspired by each other:
https://edqg.ca/2024/09/19/bee-groups/











Welcome March

Please support our advertisers!

Remember, the Bulletin Board area on the website is a great place to advertise products for sale.

https://edqg.ca/general-bulletin-board/

if you want more information about these areas, please click on the item

Resources

Show and Tell

Note from Friends

Events Bulletin Board

March 2025

March 4	9:30 to 12:30	Stitching Connection
March 8	9:00 to 4	Sew Day (Zoom)
March 11	9:30 to 12:30	Stitching Connection
March 11	9:30 to 4	Community Service Day @ FFAA
March 13 to 16		EDQG Spring Fling Retreat Gala
March 16	by noon	Show and Tell submissions due.
March 18	9:30 to 12:30	Stitching Connection
March 19	7 pm to 9	EDQG meeting
March 25	9:30 to 12:30	Stitching Connection
March 25	7 pm to 9	Coffee Bee Group (zoom)
March 26	7 pm to 9	EDQG Board meeting



April 2025

April 1	9:30 to 12:30	Stitching Connection
April 8	9:30 to 12:30	Stitching Connection
April 8	9:30 to 4	Community Service Day @ FFAA
April 13	by noon	Show and Tell submissions due
April 15	9:30 to 12:30	Stitching Connection
April 16	7 pm to 9	EDQG meeting
April 22	9:30 to 12:30	Stitching Connection
April 22	7 pm to 9	Coffee Bee Group (zoom)
April 23	7 pm to 9	EDQG Board Meeting
April 29	9:30 to 12:30	Stitching Connection